

2009 AVA CONVENTION Walk Directions & Start Card

White Rock, Dallas – White Rock Station

#83296 (6/22-25/2009)

5km, 10km and 17km directions

IVV-Credit Free

SOUVENIR COPY

Distance _____KM



Walk Sponsors



Notes: This walk will have station greeters and manned checkpoints on Wednesday starting @7 a.m. There are no restrooms at the start, but Porto-lets and restrooms are located along the trail. they will be noted throughout the directions.

1. From the Convention Hotel/Galatyn Park Station, board the RED LINE train marked "Westmoreland".
2. EXIT the train at **Mockingbird Station**.
3. Board the BLUE LINE train marked "Downtown Garland".
4. EXIT the train at **White Rock Station**.

Please note that once you enter the White Rock Lake Park and trails, you will need to stay on the right side when on the bike and pedestrian trails and on the left side when on park roads. Please watch out for cyclists.

5. Locate stairs on opposite side of tracks from the parking lot.
6. DESCEND stairs.
7. LEFT at the bottom, walking towards the intersection.
8. CROSS West Lawther, and RIGHT and CROSS at Northwest Highway.
9. Follow the sidewalk walking diagonally away from the intersection on the hike/bike trail. A pond will be on your right.
10. LEFT at the next street, Mockingbird Lane, (stop signs and benches with water fountain at corner). Continue along the Mockingbird Lane bridge crossing over White Rock Creek.
11. LEFT at the far end of the bridge as the trail curves to the left away from Mockingbird Lane.

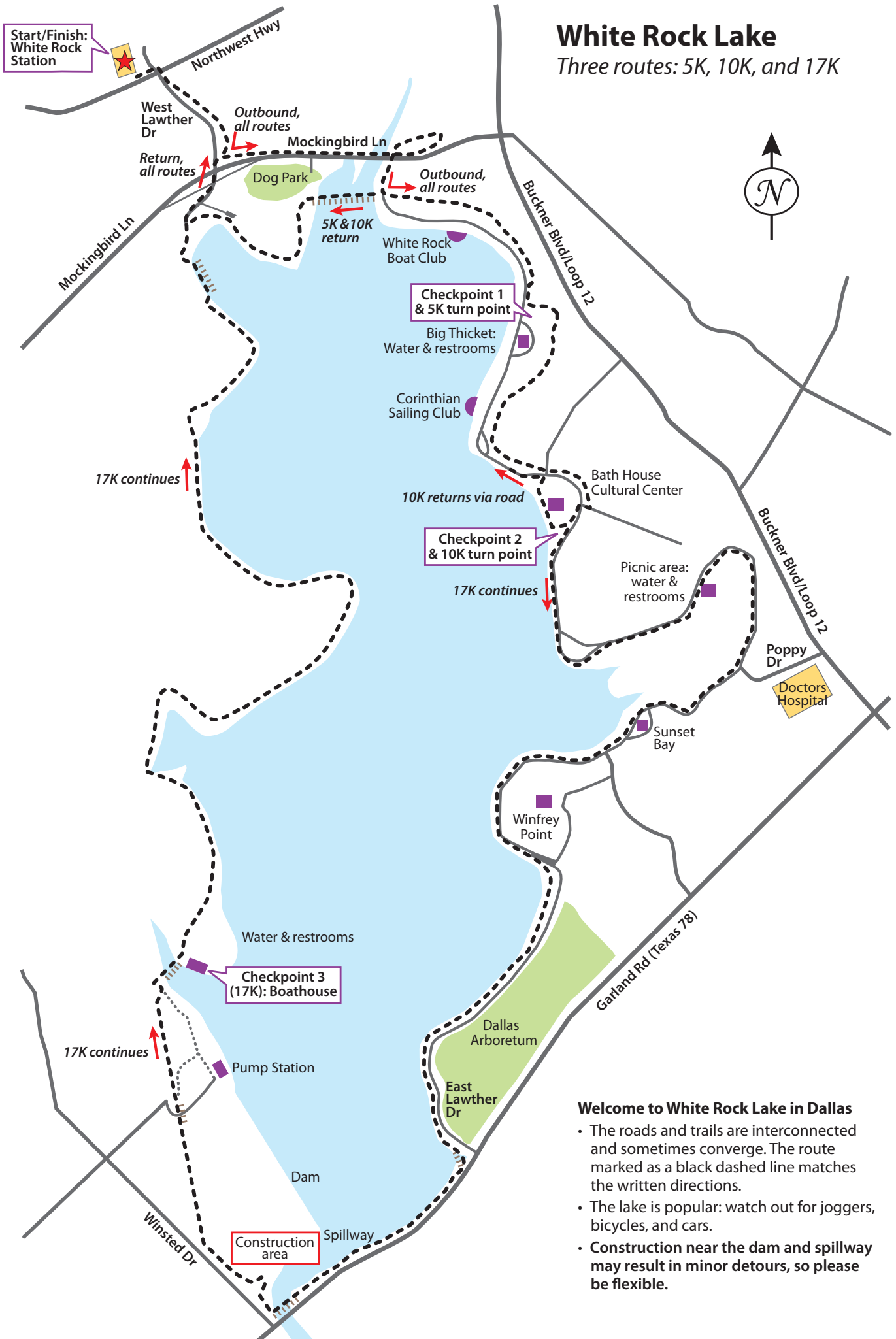
12. LEFT at the park road and walk under Mockingbird Lane keeping on the left hand side of the road. (Porto-lets are in this area on Wednesday.)
13. CROSS the entrance road on your left (White Rock Lake will be on your right).
14. LEFT on the 1st trail on your left, walking away from the Lake and walking past the next trail to your left.
15. The trail will bear right heading south and then come towards the lake at 3 yellow pylons.
16. MERGE with the park road staying on the trail to the left side of the road for a few 100 feet.
17. Pass the next trail to your left. **CHECKPOINT #1** – look for tables near Big Thicket Building. (If unmanned – What is the color of the building? _____) Restrooms and water are available at the building.
18. **5km walkers**, from the Big Thicket sign/Checkpoint, face the lake, RIGHT on the park road - the lake will now be on your left. Proceed to #26.
19. **10km/17km walkers** from the Big Thicket sign/Checkpoint, face the lake, RIGHT on the park road for a 100 feet and RIGHT through the yellow pylons on the trail heading up the incline with your back to the lake passing some swings and a see-saw on your right. As the trail bears right, the lake will be on your right.

20. STRAIGHT on the trail at the street crossing (yield sign and pylons).
21. RIGHT at the next trail intersection (former road) and walk towards a red and yellow barricade and the parking lot for the Bath House Cultural Center.
22. Pass the barricade and turn LEFT staying on the left side of the road.
23. In a few hundred feet, you will come to another yellow and red barricade. Turn RIGHT on the sidewalk and walk a few hundred feet to a **CHECKPOINT #2**. (If unmanned, what is the color of the Bath House Cultural Center? _____).
24. **17km walkers proceed to direction #34. 10km walkers** turn RIGHT from Checkpoint #2 and walk along the lake side of the Bath House passing the White Rock Lake Water Theater to return to the park road.
25. LEFT on the park road passing the Corinthian Sailing Club on your left and the Big Thicket area on your right (restrooms). Do not take any of the trails to your right.
26. Continue on the park road passing a sailing club – The White Rock Boat Club.
27. LEFT at the first trail to your left and follow it to the bridge over the lake.
28. CROSS the pedestrian/bike bridge over the lake.
29. Continue on this trail passing the White Rock Lake dog park on your right and bearing left as the trails curves south.
30. Pass the first trail to the right that leads to a parking lot.
31. Continue on the trail as it crosses a bridge and bears left.
32. RIGHT when you reach the next trail intersection near a street (West Lawther), a brown "9" marker, and just past a notice board. RIGHT at the 1st trail before the Stop sign and continue to Mockingbird Lane.
33. **5km and 10km walkers** go to direction #40.
34. **17km Walkers**, from Checkpoint #2, with your back to the lake, turn RIGHT on the park road and continue walking south around the lake, keeping the lake on your right – it will not always be in sight. Unless otherwise noted, always take the paved trail/park road closest to the lake and refer to the map. There are several water fountains and restrooms along the way.
35. RIGHT when you reach Garland Road and continue passing the spillway (construction). RIGHT again just before Winstead. (Restrooms at 7-11.) You will now walk a little over a kilometer with the lake out of sight.
36. At the trail fork, bear RIGHT heading back to the lake.
37. After crossing a bridge, you will reach **CHECKPOINT #3** at the Boathouse. (If unmanned, What is the color of the Boathouse? _____) Restrooms and water fountains can be found in this area.
38. From Checkpoint #3, continue north on the new trail passing parking and a playground on your right. You will soon be walking lakeside again. Do not take any trails to the left or right. You will pass several parking areas with Porto-lets. Keep the lake to your right.
39. Just after crossing a long silver walk bridge, the water will end on your right and you will come to an intersection just past a "9" marker on your left. Turn LEFT and then immediately RIGHT before the Stop sign on the trail, keeping West Lawther to your left.
40. CROSS under the Mockingbird Lane bridge (not marked) and continue straight on the White Rock Lake nature trail, passing the benches and water fountain on your right to Northwest Highway.
41. CROSS Northwest Highway and Lawther at the lights and LEFT on the north side of Northwest Highway to the stairs leading up to the White Rock Lake DART station.
42. To return to the Convention Hotel/Galatyn Park Station, take the BLUE LINE train marked "Ledbetter".
43. EXIT that train at **Mockingbird Station**.
44. Board a RED LINE train marked "Parker Road" and exit that train at Galatyn Park Station.

THANKS FOR WALKING WITH US!

White Rock Lake

Three routes: 5K, 10K, and 17K



Welcome to White Rock Lake in Dallas

- The roads and trails are interconnected and sometimes converge. The route marked as a black dashed line matches the written directions.
- The lake is popular: watch out for joggers, bicycles, and cars.
- **Construction near the dam and spillway may result in minor detours, so please be flexible.**